



## COVID-19 SAFETY STANDARDS ALL SKI TRIP TYPES (DAY, WEEKEND, VACATION) Updated January 14, 2021

### Summary

The emergence of COVID-19 has put us all in very challenging and unprecedented times. With the well-being of our participants, trip leaders, partners and staff as its central priority, Boston Ski & Sports Club (BSSC) will follow the standards set by the Commonwealth of Massachusetts to help ensure the health of our community. BSSC will continue to monitor regulations and best practices and evolve these standards accordingly.

We thank you in advance for your commitment to following the current guidance from the CDC, international, state and local health authorities and these important BSSC protocols. If you have any questions at any time, please reach out to your program manager.

### Before the Trip

- Before a person can attend a trip, they must have submitted a signed (print or digital) waiver of liability to BSSC.
- To participate, participants must show no signs or symptoms of COVID-19 for 14 days. COVID-19 symptoms include cough, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or a measured temperature greater or equal to 100.4.
- Participants coming from outside of Massachusetts must comply with any travel restrictions mandated by the CDC, the Commonwealth and other states/countries.
- Participants must comply with any travel testing and quarantining rules and restrictions of [Massachusetts](#), the resort state, and the resort.
- Maine: <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/airborne/coronavirus/travel.shtml>
- New Hampshire: <https://www.covidguidance.nh.gov/out-state-visitors>
- Vermont: <https://www.healthvermont.gov/covid-19/travel-quarantine>
- Jay Peak: <https://jaypeakresort.com/trip-planning/everclean-program>
- Loon: <https://www.loonmtn.com/health-and-safety-overview>
- Smugglers: <https://www.smuggs.com/pages/universal/covid19-update.php>
- Sugarloaf: <https://www.sugarloaf.com/winter-operations>
- Sunday River: <https://www.sundayriver.com/covid>
- Waterville Valley: <https://www.waterville.com/guidelines>

### During the Trip

- At this time, all day and weekend ski trips are drive yourself. Once at the resort, participants must adhere to current state and the resort requirements, which include, but are not limited to, wearing facial coverings and maintaining 6 feet of social distancing in parking lots, inside all buildings, and on the mountain except when actively skiing/boarding downhill. Vehicles will act as the "lodge," where participants will put on/off their clothing and equipment.
- All participants should maintain proper hand hygiene throughout the trip. We recommend that each participant have their own supply of hand sanitizer.
- Participants should adhere to signage located on the premises which may mark things such as one-way entrances, one-way exits, social distance spacing, etc.

- Participants must use their own food/water and personal equipment. Items including, but not limited to, gloves, helmets, and goggles must not be shared.
- If a participant begins to feel ill with COVID-19 symptoms during the trip, they should immediately separate themselves from other participants and notify the BSSC trip leader.
- Participants must adhere to the rules of the governing states, cities, airlines, resorts and venues for all activities for the duration of the trip.

### After the Trip

- There is a “leave no trace policy.” All participants must be sure to clean every trace of belongings and trash from any areas they have used.
- Participants should maintain social distancing as they leave the trip. They should exit immediately and should not congregate in parking lots or public areas after the trip has concluded.
- All participants should take care to thoroughly clean their gear after the trip.
- All participants should take care to self-monitor for COVID-19 symptoms.
- Participants should follow the Commonwealth’s travel guidelines upon return to Massachusetts: <https://www.mass.gov/info-details/covid-19-travel-order>

### BSSC Trip Leaders

- All BSSC Trip Leaders will achieve and maintain proper hand hygiene both before entering and exiting the venue/airport.
- Trip Leaders are required to wear facial coverings and maintain appropriate social distancing from fellow trip leaders and participants.
- BSSC Trip Leaders are required to screen themselves for COVID-19 symptoms before coming to the trip, and may only report for the trip if they are without symptoms. If they become ill during the trip, they will take steps to separate themselves from the group.
- BSSC Trip Leaders will help to ensure participants’ adherence to safety protocols. If a participant is found in violation of any of these standards, it is grounds for disciplinary action as determined by BSSC without refund. Please cooperate with all BSSC Trip Leaders as they remind you of safety protocol requirements and suggestions. All are intended for the well-being of our participants, trip leaders, staff and entire community.

### General Administration & Communication

- If a participant tests positive for COVID-19 within 14 days of having attended a BSSC trip, we ask that they notify the BSSC Program Manager by email as soon as possible.
- If informed of a positive COVID-19 test, BSSC will follow the disclosure and contact tracing protocols of the state, county and city. Any communication required of BSSC will be handled in accordance with health regulations and will ensure the confidentiality of the identity of the reporting person.
- If a participant tests positive for COVID-19, they should follow the protocols regarding quarantine and contact tracing from the department of health.
- As noted in the waiver, it is important to highlight again that, while BSSC is following the standards set by the Commonwealth, in its policies and practices designed to reduce the risk of exposure/contracting COVID-19. BSSC is not able to guarantee that participants will not be exposed to, or contract, COVID-19 either in connection with their participation in the trip, or other aspects of life. Each participant should make the decision best for them regarding their participation.
- These policies and procedures will be adjusted as necessary to stay up to date with regulations and best practices.

## **ADDITIONAL NOTES**

### **Day Ski Trips**

Participants should follow all standards above plus take note of the following:

- Even though participants are driving themselves, they are subject to both the travel requirements of Massachusetts and the state of the resort, which are subject to change.
- Participants will be notified of the location to meet the BSSC trip leader in order to pick up their lift tickets. All should maintain face coverings during this pickup.
- While we will still send along a trip leader to make sure all arrangements go smoothly and to meet for skiing and riding, there will not be any group gatherings planned for meals or après.

### **Overnight Ski Weekend Trips**

Participants should follow all standards above plus take note of the following:

- Even though participants are driving themselves, they are subject to both the travel requirements of Massachusetts and the state of the resort, which are subject to change.
- Possible restrictions include, but are not limited to, signing a Certificate of Compliance upon arrival stating that you have quarantined and/or have a COVID test with a negative result within 72 hours.
- We will keep you informed of any steps that you will need to take for your trip.
- We will not be organizing roommate and/or condo mate matching. You must supply all roommates and all condo mates if you choose multi-person accommodations.
- If you are traveling solo, you will need to purchase a single room.
- We will not be offering carpool opportunities.
- While we will still send along a trip leader to make sure all arrangements go smoothly and to meet for skiing and riding, there will not be any group gatherings planned for meals, après, or off-slope activities.

### **Weeklong Ski Vacations**

Participants should follow all standards above plus take note of the following:

- Participants are subject to state, country and airline travel regulations and restrictions which are subject to change.
- Possible restrictions include, but are not limited to, signing a Certificate of Compliance upon arrival stating that you have quarantined and/or have a COVID test with a negative result within 72 hours.
- We will keep you informed of any steps that you will need to take for your trip.
- We will not be organizing roommate and/or condo mate matching. You must supply any and all roommates or if you are traveling solo, you will need to purchase a single room or provide BSSC proof of a negative COVID test within 72 hours of travel.
- While we will still send along a trip leader to make sure all arrangements go smoothly and to meet for skiing and riding, there will not be any group gatherings planned for meals, après, or off-slope activities.