

GAME RULES

VOLLEYBALL – INDOOR REVERSE COED 4 v 4

Updated 12/5/23 2:54 PM

LEAGUE PLAY

There are 6 rounds of play each week on a women's height net. Teams play 4 rounds and ref 2. All rounds are timed and consist of 2 rally point games to 21 starting at zero, win by 2, no cap, (unless time runs out, then win by 1). One timeout per team per match allowed. Only the losing team may call a timeout in the last 5 minutes.

PLAYERS, ROSTERS, ELIGIBILITY

Players. There can be any number of players on a team roster, and rosters are open to players of all gender identities and expressions. For reverse coed 4's volleyball, rosters must have a minimum of 1 player who identifies as a woman ("female player") and one player as a man (male player). After this minimum is satisfied, all other roster spots are open to any gender.

Rosters Captains can add or remove players to their online roster up until the final week of the season. After the final week the rosters are frozen and only rostered players can play in playoffs. Any team who uses a player not on ANY league roster will forfeit all games in question. All players must be listed on and have signed the online waiver in order to be eligible to play.

Picking Up Players. During the regular season, teams may pick up players from other teams in the league in order to avoid a forfeit, bring the team to full strength, or avoid point penalties. Players can be listed on more than one roster. Teams cannot pick up players for Playoffs.

NUMBER OF PLAYERS

No more than 4 players are allowed on the court at one time, 1 female player and 1 male player at all times.

- A. If a team has more than 4 players present, they may choose to do one of the following:
 1. Have the extra players sit out, but "sitters" must be different for each game
 2. Rotate around into games in order, maintaining serving order
- B. If you do not have at least 2 players and do not pick up players, first game is a forfeit. The second game must start within 10 minutes and counts. But, if no other players arrive, the second game is a forfeit as well. All players are considered front row with rotation for serving order only. New players arriving may be placed on the court between players in any position.

REVERSE COED AND 4v4 RULES

All male players are considered back row at all times and therefore may not block or attack a ball completely above the height of the net from in front of the 3 meter attack line. Female players are always considered front row. Players must rotate the server and maintain that order throughout the game. Position on the court is of no consequence. Open hand tips are illegal, as are redirected blocks.

PLAYOFFS

All players must have played at least 3 weeks to be eligible, no picking up players. No clock is used. All rounds are single elimination matches, best 2 out of 3 games; first two rally games to 21 points, (start at zero, win by 2, no cap); 3rd game, if needed, is rally to 15 points, (start at zero, win by 2, no cap). One timeout per team per game is allowed.

ELIGIBILITY FOR NEXT LEAGUE

Teams failing to win 25% of their games for 2 consecutive sessions may not continue in the league and should move to a different level of play.

GROUND RULES

Everything above 15 feet is in play on your own side after your team's 1st or 2nd contact. If ball contacts object above 15 feet and goes over the net, it is out of bounds. If ball hits something below 15 feet, it is a dead ball and referee's judgment, with a possible replay if someone could have played it. Players may never touch the adjacent court – before, during, or after playing a ball. Do not stand between courts when waiting to sub in.

ANYTHING NOT COVERED

This league follows USAV Rules. NOTE: Any time a player touches the net it is a fault. A player's hands or feet must be *completely* over the centerline to be a fault. Any other body parts that cross the line are a fault. Jewelry rule is followed for watches, large earrings, and long necklaces, or anything considered dangerous. It is suggested that all jewelry be removed except flat wedding bands. NO hats can be worn while playing.

Boston Ski & Sports Club reserves the right to add, delete or modify any rule at any time.